

Cowan Lake Sailing Association – MC Fleet 45  
Cowan Scow'n 2022 October 1 and 2

Sailing Instructions

**RULES**

- 1.1 The regatta will be governed by The Racing Rules of Sailing (RRS), the prescriptions of US Sailing, the rules of the MC Sailing Association, except as any of these are changed by these sailing instructions.

**ENTRIES**

- 2.1 Eligible boats may be entered by completing registration with MC Fleet 45.  
Register online at MCscow.org. (Please do not pay online – pay at venue only)

**NOTICE TO COMPETITORS**

- 3.1 Notices to competitors or changes to these sailing instructions may be made by posting notice of such changes on the Club House notice board at least 30 minutes prior to the scheduled warning signal of the first race each day.

**SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the Committee Boat at the dock.
- 4.2 Flag AP with two horns (one horn when lowered) means "The race is postponed. The warning signal will be made not less than 30 minutes after AP is lowered."

**SCHEDULE OF RACES**

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|--------------------|---|
| Saturday October 1 | 12:00 AM: Competitor's meeting<br>12:45 AM: Warning signal for the first race.<br>Subsequent races will follow at the discretion of the Committee.<br>No races will start after 4:30 P.M. on Saturday |
| Sunday, October 2  | 9:30 AM: Warning signal for first race.<br>Subsequent races will follow at the discretion of the committee.<br>No races will start after 11:00 AM<br>12:00 noon: Lunch and awards                     |

**WIND VELOCITY**

- 5.1 Racing will be abandoned if sustained winds exceed 20 mph or if gusts exceed 23 mph.
- 5.2 No race will be started in less than 3 mph of measured wind at the committee boat.

**THE COURSES**

- 6.1 **Course O** (Olympic)  
Once or twice around a triangle, followed by a windward leg, then returning to the leeward mark, followed by a windward leg to the finish. All marks are to be rounded to port.
- Course will be indicated by display of code flag "O" (red and yellow triangles) before or with the warning signal. A two lap Olympic course will include the numeral 2 pennant (blue pennant with a white circle).
- 6.3 **Course W** (Windward-Leeward)  
Courses will be windward-leeward laps with an extra weather leg to the finish. The number of laps will be signaled with lap pennants. Each lap is constituted by one windward and one leeward leg. There will be a weather mark with an offset mark approximately 4 boat lengths away, both will be rounded to port. The leeward mark will be a gate with two marks 5-8 boat lengths apart. A boat must pass between the marks and may round either mark to go upwind.
- Course will be indicated by displaying code flag "W" (blue with a red square in the middle of a white square). The number of laps will be indicated by displaying pennant "1" (white with red dot), "2" (blue with white dot), or "3" (red, white & blue).
- 6.4 **Course D** (windward-leeward, downwind finish)  
This is a windward-leeward course (with marks similar to Course W) with a downwind finish. The start will be to port of the committee boat between a yellow mark, and the finish will be to starboard of the committee boat between a green mark. The start/finish line will be positioned below the leeward gate. The length of the course will be signaled with a lap pennant – one lap indicates one windward and one leeward leg then finishing between the committee boat and green finish mark, two laps indicates two windward and two leeward legs then finishing between the committee boat and green finish mark, etc. On the finishing leeward leg the gate is not a mark of the course.
- Course will be indicated by displaying code flag "D" (Yellow, blue and yellow horizontal stripes). The number of laps will be indicated by displaying pennant "1" (white with red dot), "2" (blue with white dot), or "3" (red, white & blue).

**MARKS**

- 7.1 Marks of the course will be orange tetrahedrons. Marks changed after the start will be yellow or orange tetrahedrons.

## **THE START**

- 8.1 Races will be started using rule 26 except that 4 horns will be sounded approximately 1 minute prior to the 5-minute warning signal.
  - A. The preparatory signal shall be code flag P (blue flag with white square).
  - B. The starting signal will be an orange MC class flag
- 8.2 The starting line will be to port of the committee boat, between the main staff on the race committee boat and a yellow tetrahedron.
- 8.3 Individual recalls shall be signaled in accordance with Racing Rule 29.2. The Race Committee will attempt to hail sail numbers via public address and VHF radio channel 68 but is not required to do so. It is the skipper's responsibility to determine if he/she is the infringing yacht. Failure to hear the hail or a yacht's position in the hailing sequence shall not be grounds for redress.
- 8.4 General recalls shall be signaled in accordance with racing rule 29.3.

## **CHANGE OF COURSE AFTER THE START**

- 9.1 A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

## **THE FINISH**

- 10.1 For courses O and W the finishing line will be between a mast of an RC boat displaying a blue flag and the nearby mark of the course at the port end. If the race committee boat is a skiff, the finish line will be between the staff of the blue flag and the nearby mark of the course at the port end.

For Course D, the finishing line will be between the mast of an RC boat and a green tetrahedron to starboard of the RC boat.

For all courses, the race committee may shorten the course after the starting signal by displaying Code Flag S at the RC boat taking finishes. On all courses, the finish line for a shortened course shall be between an existing mark of the course and the RC boat.

## **TIME LIMIT**

- 11.1 There is no time limit for races. The RC may abandon any or all starts if it believes a fair contest cannot be completed. Boats failing to finish within 30 minutes after the first boat finishes will be scored Did Not Finish. This changes rule 35.
- 11.2 If the lead boat fails to reach the first mark within 30 minutes, the RC shall abandon the race.

## **PROTESTS**

- 12.1 A yacht which intends to protest in accordance with Rule 60.1 (a) shall inform the Race Committee finish line signal boat of their intention to protest and identify the yacht(s) they intend to protest.
- 12.2 Protests shall be written on forms available at the Club House and delivered there within 30 minutes after the RC boat docks.
- 12.3 Protests will be heard in approximately the order of receipt as soon as possible.
- 12.4 Protest notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses.

## **SCORING**

- 13.1 The Low Point scoring system, rule A2, will apply. As many races as possible will be held in the allotted time. One race shall be completed to constitute a series. There will be a throw out if 6 or more races are completed. This changes rule A2.

## **TROPHIES**

- 14.1 Trophies will be awarded as follows:
  - a) First through fifth places.
  - b) Additional awards: Competitors outside of the top 5 are eligible for: Master, Grand Master, Mega Master, Woman

## **EMERGENCY ASSISTANCE AND SAFETY**

- 15.1 Yachts that receive emergency assistance shall not be disqualified solely for the receipt of emergency assistance and may resume racing.
- 15.2 If at any one time more racing vessels are capsized than available safety vessels, the race committee shall immediately abandon the current race.
- 15.3 VHF radios – competitors may monitor channel 68 for race instructions.